

Workshop: Sustainable Agriculture & Circular Food Economy

A three-part live online workshop for university students and researchers in the agrifood sector.

Dates & Times:

- **Wednesday, 17 December 2025:** 17:00-20:10
- **Thursday, 18 December 2025:** 17:00-20:10
- **Friday, 19 December 2025:** 17:00-20:10

Competency:

- **Practise Level:** Turn ideas into action to the benefit of your field of influence.

Learning Outcomes:

- **Food Systems:** The ability to analyse the food system, appraise current and future sustainability challenges, and develop appropriate responses using systems approaches.
- **Critical Thinking:** The ability to assess facts and evidence to drive decision-making, including constructive questioning of the status quo.
- **Communication:** The ability to drive interpersonal communication, and to translate complex ideas for different audiences.

Organised by: Democritus University of Thrace, Coordinator of EIT Food Hub Greece

Language: Greek

Certificate of attendance: Participants who attend all three sessions will receive a certificate of attendance

Free of charge

Registration link: <https://forms.gle/mQmNJKZH5BFiFqj29>

AGENDA

DAY 1

Wednesday, December 17th 2025

	Welcome
17:00-17:10	Maria Michalopoulou Professor, University Board Member, Coordinator of EIT Food Hub Greece, Democritus University of Thrace
	EIT Food and its Initiatives
17:10-17:30	Paraskevi Somalou Project Manager for EIT Food Hub Greece, Democritus University of Thrace
	Insects for food, feed and waste management: feed the future
17:30-18:30	Christos Athanassiou Professor, Department of Agriculture Crop Production and Rural Environment, University of Thessaly
	Extreme temperatures in stored product protection
18:30-19:00	Maria Sakka Post-doc Researcher, Department of Agriculture Crop Production and Rural Environment, University of Thessaly
	Novel approaches in olive oil quality promotion. Holistic comparative transcriptomic analysis to investigate the factors affecting the quality of Koroneiki olive fruit and olive oil due to different cultivation practices in Crete, Greece
19:00-19:30	Filippos Ververidis Professor, Department of Agriculture, Hellenic Mediterranean University Grigorios Giakoumakis Scientific Researcher, Hellenic Mediterranean University
	Non-Invasive Spectroscopic Sensors Combined with AI Tools And Information Technologies: Advances in Science and Technology Enhance the Digitalization of the Food Supply Chain
19:30-20:00	Nikolaos Chorianopoulos Associate Professor, Department of Food Science & Human Nutrition, Agricultural University of Athens
20:00-20:10	Q&A session

DAY 2

Thursday, December 18th 2025

17:00-17:05	Welcome
17:05-17:30	Circular Bioeconomy and Sustainable Food Systems
	Nikolaos Kopsahelis Associate Professor, Department of Food Science and Technology, Ionian University
17:30-18:00	Designing Training Missions for Athlete Support Personnel on Nutritional Supplements and the Prevention of Unintentional Doping
	Ioannis Paliokas Assistant Professor, Department of Accounting & Finance, Democritus University of Thrace
18:00-18:30	Food ethics or ethical eating
	Lampros Farmakis Assistant Professor, Department of Food Science and Technology, University of the Peloponnese
18:30-19:00	EIT Food - Master in Food Systems
	Thomas Lytras MSc Student, EIT Food Master in Food Systems
19:00-19:30	The art of communication
	Group work
19:30-20:00	Discussion of the group work
20:00-20:10	Q&A session

DAY 3

Friday, December 19th 2025

17:00-17:05	Welcome
	Agritrack
17:05-17:30	Vlasis Tsezos CEO of Agritrack
	Bioentrepreneurship
17:30-18:00	Yiannis Kourkoutas Professor, Department of Molecular Biology & Genetics, Democritus University of Thrace
	MultiBioCrop's journey from research to market through EIT Food
18:00-18:30	Panagiotis Iliopoulos Professor, Department of Agriculture and Agricultural Technology, University of Thessaly, Co-founder of MultiBioCrop
	From lab to market: circular economy and entrepreneurship in the agri-food sector
18:30-19:00	Anastasia Fountouli Lecturer, Department of Food Science and Nutrition, University of Thessaly, Co-founder of Cricketos
	Grizo&Prasino
19:00-19:30	Angeliki Drakou Co-founder and CEO of Grizo&Prasino
	Social Nutrition Meets Artificial Intelligence: Innovative Pathways in Food and Health Research
19:30-20:00	Ioannis Pagkalos Associate Professor, Department of Nutritional Sciences & Dietetics, International Hellenic University Georgia-Eirini Deligiannidou Adjuvant Lecturer, Department of Nutritional Sciences & Dietetics, International Hellenic University
20:00-20:10	Conclusion and closing